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| --- | --- | --- | --- |
|  | **Looks Like…** | **Feels Like…** | **I Can…** |
| 5 | I can’t handle this. I might lose control.  http://arasaac.org/classes/img/thumbnail.php?i=cdb4ae007dd4b3b4ec6e9c2eb5d2f3b0e5b73fdd5216cece9d9f0709ca904497c988f78aa80b44e53fd65acddbd7745d163550 |  |  |
| 4 | This can really upset me.  http://arasaac.org/classes/img/thumbnail.php?i=cdb4ae007dd4b3b4ec6e9c2eb5d2f3b0e5b73fdd5216cece9d9f0709ca904497c988f78aa80b44e53fd65acddadf725d163550 |  |  |
| 3 | This can make me feel nervous.  http://arasaac.org/classes/img/thumbnail.php?i=cdb4ae007dd4b3b4ec6e9c2eb5d2f3b0e5b73fdd5216cece9d9f0709ca904497c988f78aa80b44e53fd65acfdcd6704b482b59b2 |  |  |
| 2 | Sometimes this bothers me.  http://arasaac.org/classes/img/thumbnail.php?i=cdb4ae007dd4b3b4ec6e9c2eb5d2f3b0e5b73fdd5216cece9d9f0709ca904497c988f78aa80b44e53fd65ac6d4de725d163550 |  |  |
| 1 | This never bothers me! http://arasaac.org/classes/img/thumbnail.php?i=cdb4ae007dd4b3b4ec6e9c2eb5d2f3b0e5b73fdd5216cece9d9f0709ca904497c988f78aa80b44e53fd65acdd9db715d163550 |  |  |